



FOR IMMEDIATE RELEASE

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JUNIOR LEAGUE OF POUGHKEEPSIE HOLDS VIRTUAL GIRLS' EMPOWERMENT SEMINAR

"Admissions to Majors" was the first in a series of online seminars.

POUGHKEEPSIE, NY, October 28, 2020 – The Junior League of Poughkeepsie was fortunate to have a dynamic panel of female leaders representing high level academic institutions in the Hudson Valley for their first Girls' Empowerment seminar. The first in the series, *"Admissions to Majors,"* featured a panel of speakers who brought a wealth of experience focused on their many years in admissions, teaching, and fieldwork.

The panel was comprised of Alicia Atwood, Assistant Professor at Vassar College, Mallory Maggiacomo, Director of Graduate Admission for the Allied Health Programs at Marist, and Toni Hamilton, External Field Liaison for Adelphi University. Ms. Atwood, Ms. Maggiacomo, and Ms. Hamilton, all of whom are Board Members for the league, focused on the different avenues that result in college access from community college, to State University of New York (SUNY) schools, and private institutions.

Additionally, the panel spoke about the unique challenges due to COVID-19 and how young women can navigate those challenges and access a path to higher learning. The goal of Girls' Empowerment is to inspire the local young women of our community who are forging ahead with their higher education and will become future female leaders.

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Founded in 1919, the Junior League of Poughkeepsie is committed to promoting voluntarism, developing the potential of women and improving communities through the effective action and leadership of trained volunteers. The Junior League of Poughkeepsie is a volunteer organization for women interested in making an impact in their community.

The Junior League of Poughkeepsie is a member of The Association of Junior Leagues International, an organization of transformational female leaders who set bold goals, open their circles, disrupt convention and change the conversation for the betterment of civil society. Today, there are Leagues across the United States, Canada, Mexico and the United Kingdom.

JUNIOR LEAGUE OF POUGHKEEPSIE

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