#OWNIT





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A Message From Our President, Jacqueline Altwerger



As I sit on the train on my way to Manhattan, with my Junior League of Poughkeepsie bag in tow, I reflect back on the past year with admiration and applause. While many of the plans we had were altered due to the surges in COVID-19, our League was still able to do so much good for our community.

The year started off with a lovely summer picnic; a social event I hope becomes an annual tradition, and lots of planning for the upcoming year. Our Operation Holiday Box took a slightly different approach to charity and we collected pads and tampons in an effort to end Period Poverty for female students in the local schools. While our Super Saturday was still a virtual event, it was no less impactful and our Members learned about their individual personality traits and how we can work better together as a whole.

The League said farewell to our Cinderella's Closet signature event and was happy to donate all the collected prom dresses and accessories to the Junior League of Kingston. While our League will no longer be hosting a prom dress drive, we are incredibly honored to help support the women of Kingston and their community initiatives. As a direct result of the funds saved from no longer needing a second storage unit, we were able to grant two \$500 grants as part of our Community Grants program.

A League favorite, Mother's Day dinner, was slightly scaled back due to maintaining social distancing, but still maintained our League's mission. The Junior League of Poughkeepsie honored the most deserving moms with cupcakes, flowers, and a small gift to let them know they are loved and appreciated.

As the days grew longer and the warm weather rolled in, our League was finally able to host our much anticipated June Dinner. It was so delightful to finally see everyone again in person, and reminded me how important both the civil duty and social aspect of our League mean to me.

For the 2021–2022 year, I decided upon #ownit as our Leagues tag line in an effort to encourage pride and self motivation. Both as individual women and as a League, we owned our roles as business owners, employees, wives, mothers, sisters, daughters, friends, and so much more. We worked as a whole to better our community, even in the wake of a global pandemic, war, and civil unrest. While individually we each bring something unique to the table, as a whole, we're unstoppable.

I thank you for allowing me to serve as your President, and look forward to many more years of continued League success.

Our Mission

The Junior League of Poughkeepsie is an organization of women committed to promoting voluntarism, developing the potential of women, and improving communities through the effective action and leadership of trained volunteers. We reach out to women of all races, religions and national origins who demonstrate an interest in and commitment to voluntarism.

Chairwomen and Members of the Board

President - Jacqueline Altwerger
President-Elect - Mallory Maggiacomo
Treasurer - Alicia Atwood
Communications Chair - Brittany Cleer
Community Chair - Sarah Husted
Grants Chair - Rebecca German
Greenleaf Editor - Hope Jankunas Frederick
Membership Chair - Sarah Ryan
Nominating Chair - Heather Green-Kirk
Operation Holiday Box Chair - Linda Fakoury
Provisional Member Chair - Toni Hamilton
Sustainer Representative - Caroline Blackburn
Training Chair - Alicia Favata

COMMUNITY INVOLVEMENT



OPERATION HOLIDAY BOX

In keeping with the spirit of the holiday season and our commitment to giving back to the community, the Junior League of Poughkeepsie collected donations to combat *Period Poverty*.

Period Poverty refers to the struggle that girls face to pay for menstrual pads and tampons. When a girl who can't afford this expense misses school, she is set back behind her fellow male students.

The JLP collected and donated pads, tampons and gift cards to local middle schools and high schools.

COMMUNITY INVOLVEMENT





MOTHER'S DAY GIFTS

On May 6th, 2021 the Junior League of Poughkeepsie continued our tradition of honoring mothers residing at local domestic violence shelters. As the pandemic continues to affect how things are done, Grace Smith House requested that we provide cupcakes and flowers instead of having a full dinner. We decided to add a special touch this year and added hand lotion from Bath and Body Works for each of the women in addition to the flowers and cupcakes.

The staff at Grace Smith thanks the Junior League of Poughkeepsie for bringing some Mother's Day sunshine to those being served by their organization!

COMMUNITY INVOLVEMENT

arts Mid-Hudson

together we create



United Way of the Dutchess-Orange Region

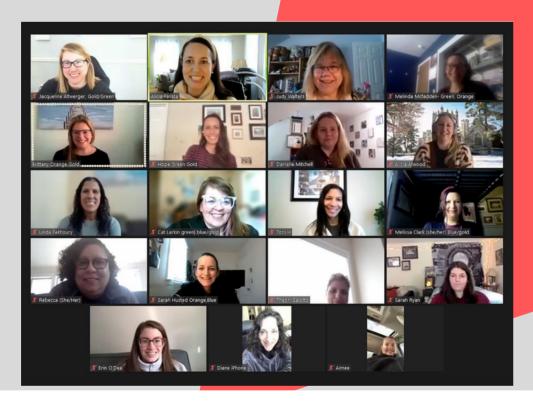
COMMUNITY GRANTS

The Junior League of Poughkeepsie awarded \$500 grants to two worthy non-profit organizations.

The mission **of Arts Mid-Hudson** is to provide vision and leadership to support thriving and diverse arts in the Mid-Hudson Valley.

The mission of the **Dutchess-Orange Region of United Way** is to fight for the health, education, and financial stability of every person in our community

LEADERSHIP TRAINING



SUPER SATURDAY

On the first Saturday of February, as tradition holds, active and sustainer members alike joined together virtually for a morning of personal development. Our annual Super Saturday, themed EmpowHER, kicked off with a keynote from Nicole Jackson Miller

(https://nicolejacksonmiller.com/) who shared her own story of empowerment and encouraged us to remember that empowerment is a journey, not a destination. Leah Georges, a PhD in Social Psychology and a Master of Legal Studies, empowered us through her TED Talk about Navigating the Multigenerational Workplace and introduced us to the concept of "onlyness". For those who missed the event, you can watch her presentation here.

Those in attendance had an in depth discussion on microaggressions, facilitated by our Training Coordinator, Alicia Favata, through a program provided by AJLI. We all deepened our understanding of microaggressions in an effort to broaden our efforts as a league on diversity, equity, and inclusion. This was followed by Mary Waterman, MSOL, who facilitated an activity for attendees to learn their "True Colors"; a personality test used to help achieve a variety of goals such as career planning, team building, and stress management.

Our day concluded with a presentation by our Nominating/Placement team who shared with us the numerous ways everyone can get involved in the league and proved to be a good reminder of the wonderful group of leaders we have within the JLP.

We are hopeful that everyone left the event feeling more empowered to lead and serve in the community of which we are part!

2021 - 2022

SOCIAL ENGAGEMENTS



PROVISIONAL MEMBER COCKTAIL PARTY





On September 30th, 2021 the Junior League of Poughkeepsie hosted our annual Provisional Member Cocktail Party. This year's event was held at Farmers and Chefs and we were joined by a number of potential Provisional Members, Active Members and Sustainers! It was an enjoyable evening of good food and an opportunity for our members to reconnect with one another and teach potential new members about the wonderful initiatives that the Junior League of Poughkeepsie has been involved with both before and during the pandemic.

SOCIAL ENGAGEMENTS

HOLIDAY PARTY







19TH AT NIGHT

Small group gatherings are an opportunity for JLP members to socialize and network with likeminded women in the community. It's also a great chance to sample local eateries and watering holes in Poughkeepsie!



SOCIAL ENGAGEMENTS

JUNE DINNER

On Monday, June 6, 2022 the League hosted its annual June Dinner Meeting at Heritage Food & Drink in Wappingers Falls, NY. Many active members attended to recognize the exceptional work of the outgoing Board and its president, Jacqueline Altwerger and to usher in the new Board and President, Mallory Maggiacomo. In accepting the metaphorical gavel, Mallory explained that she is excited to marshal the collective efforts of our League volunteers in the coming year, using the informal headline "we are better together." Five Provisional Members from the classes of 2019-2020 and 2021-2022 were honored and welcomed formally into Active membership: Aimee Tuttle, Toni Hamilton, Rebecca Gebman, Theoni Stamos-Salotto, and Melinda McFadden. The League was especially grateful to thank its Sustainers for their many years of service to the League and to this community. Sustaining Members with 10 to 60 years of service were recognized at the June Dinner, and many were present in person. The A good time was had by all!



Welcome new members!



A Message From Our President-Elect, Mallory Maggiacomo

I first want to say how honored I am to serve as the Junior League of Poughkeepsie's next President. I am so looking forward to working with all of you over the next year.

For those of you I don't know, I wanted to formally introduce myself. My husband Dan and I have been lifelong residents of Poughkeepsie, and we are proud to raise our 8 year old son Dominick and 6 year old daughter Addison in the area. I graduated from Dutchess Community College and Marist College and I have been working at Marist for almost 13 years now. I have been a proud member of the JLP since 2017 and I'm very excited to help lead the organization with the wonderful membership that we have.

I am hopeful that this next year we are able to bring back our in-person events. Unfortunately, over the course of the pandemic we have lost a lot of active members. My goal this year is to increase membership and our done in a day events. I would love to see an in-person Girls Empowerment Day and Mothers' Day Dinner, as personally these are some of my favorites. That being said, our league is only as strong as its membership participation. I am hopeful that we will all be able to work together as a league to prioritize what is important to us and to host events that have a powerful impact on the community. I welcome any ideas and connections all of you have to make this a successful year ahead.

Thank you again for allowing me the privilege of being the next President of this amazing organization. I am honored to do so and can't wait to see what the future holds for the Junior League of Poughkeepsie.